

## BOWEL BUILD (120 CAPS.)

PRICE: **31,90** EUR

SHIPPING TIME: 24 GODZINY

Catalogue no.: PL2857

EAN code: PL2857



### DESCRIPTION OF THE ITEM

## BOWEL BUILD

### Dietary supplement

Bowel Build is designed to support the proper functioning of the digestive system, as its name suggests, by building the bowels. The product's carefully composed formula is made up of plant components such as Plantago ovata husks, which helps maintain healthy intestines, facilitates "intestinal transport" and supports digestion, and medical ginger to support the overall condition of the digestive system, as well as vitamins and minerals such as zinc to help with the metabolism of macronutrients and fatty acids, vitamin C needed for proper energy metabolism and vitamin A, which in turn contributes to the correct iron metabolism.

The composition is supplemented by active carbon, betaine, vitamin E and selenium.

For many years Bowel Build has enjoyed great interest from Nature's Sunshine customers around the world, who are looking for proven and effective products for gastrointestinal health.

- The Plantago ovata helps to maintain healthy intestines, facilitates intestinal transport and supports digestion.
- Ginger promotes the general condition of the digestive system and carbohydrate metabolism.
- Vitamin C contributes to proper energy metabolism.
- Vitamin A contributes to the correct iron metabolism.
- Zinc contributes to the correct metabolism of protein, fats and carbohydrates.

---

**Ingredients:**

powdered Plantago ovata husks, powdered Curly Sorrel root, thickening agent: Sodium alginate powder, Marshmallow root powder, Apple pectin, activated charcoal, L-ascorbic acid (vitamin C), Ginger rhizome powder, Betaine hydrochloride, Zinc gluconate, L-selenomethionine, colourant: copper chlorophylls and chlorophyllins complexes, D-alpha-tocopherol (vitamin E), beta-carotene (vitamin A), bulking agent (cellulose), anti-caking agents (magnesium salts of fatty acids, silicon dioxide), capsule casing (gelatine, water).

**Key Ingredients:**

Content in the recommended serving (8 caps):

Vitamin A.....	200 µg.....	25% RDA*
Vitamin E.....	10.6 mg.....	88% RDA*
Vitamin C.....	80 mg.....	100% RDA*
Zinc.....	8 mg.....	80% RDA*
Selenium.....	40 µg.....	73% RDA*
Betaine hydrochloride.....	64 mg **	

\*RDA recommended daily allowance values for adults

\*\* RDA not specified

**Recommended daily allowance:**

Take four capsules twice a day, during the morning and evening meals.

Do not exceed the recommended daily dose!

The product may cause an allergic reaction in people allergic to Plantago ovata.

It is not recommended for pregnant women to consume the product.

---

**Storage conditions:**

Store in a cool and dry place. Keep out of the reach of small children!

---

Nature's Sunshine encourages a healthy lifestyle. Dietary supplements cannot be used as a substitute for a varied diet. A balanced diet and healthy lifestyle are the basis for the proper functioning of the body.