

## SMARTMEAL (810G)

PRICE: **61,00** EUR

SHIPPING TIME: 24 GODZINY

Catalogue no.: PL22893

EAN code: PL22893



### DESCRIPTION OF THE

### ITEM

## SMARTMEAL

### MEAL REPLACEMENT FOODSTUFF

SmartMeal is a healthy and delicious meal replacement shake packed with essential vitamins, minerals, fibre and amino acids, but most of all, a great source of plant-based protein. So swap it for one of your daily meals and enjoy a great mood - take control of your body.

Are you an athlete and need top-class protein?

Are you in a hurry and you don't always find time to eat?  
Do you want to lose weight and control your body weight?  
Or maybe you need a delicious way to supplement your diet with vitamins, minerals, fibre and protein?

**SmartMeal is the perfect solution that will meet your expectations.**

- It is suitable for vegetarians!
- It's gluten-free!
- It is GMO-free!
- It is a source of fibre - as much as 3g in a daily dose!
- It is a source of vegan protein - as much as 24g in each serving!
- It is a source of as many as 24 vitamins and minerals!

**The rich composition of SmartMeal allows you to achieve excellent results!**

- Protein helps maintain and build muscle mass.
- Fibre helps control body weight and supports digestive health.
- B vitamins reduce fatigue.
- Vitamins A, D and C support immunity.

**SmartMeal is an excellent choice for anyone with attention to detail.**

- Low sugar content - only 0.46 g in a daily dose, 1% of the daily requirement!
- Low-fat content - 4.31 g in the daily dose, i.e. 6% of the daily requirement!
- Free from allergens!
- One serving is only 213 calories!

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**SmartMeal is an intelligent meal that will allow you to change your habits and thus improve your condition and well-being. Start smart eating today!**

The package contains 15 daily servings.

**Choose the 2-Pack SmartMeal Set with Free Shaker! [Check here](#)**

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**Nutritional information:**

	<b>100 g</b>	<b>% NRV per 100g</b>	<b>One serving 54 g (2 scoops)</b>	<b>% NRV in one serving</b>
Energy	1662 kJ / 394 kcal	20%	897 kJ / 213 kcal	11%
Fat	7.99 g	11%	4.31 g	6%

including saturated fatty acids	1.43 g	7%	0.77 g	4%
Carbohydrates	33.67 g	13%	18.2 g	7%
including sugars	0.93 g	2%	0.46 g	1%
Fiber	5.14 g	**	3 g	**
Protein	44.25 g	86%	24 g	48%
salt	2.87 g	48%	1.55 g	26%
Potassium	1123.40 mg	56%	606.63 mg	30%
Calcium	597.37 mg	75%	322.58 mg	40%
Magnesium	376.79 mg	100%	203.47 mg	54%
Vitamin C	44.56 mg	56%	24.06 mg	30%
Iron	15.86 mg	113%	8.56 mg	61%
Niacin	10 mg	62%	5.4 mg	34%
Zinc	8.95 mg	89%	4.83 mg	48%
Vitamin E	7.47 mg	62%	4.03 mg	34%
Pantothenic acid	3.5 mg	58%	1.89 mg	31%
Manganese	1.49 mg	75%	0.80 mg	40%
Vitamin B6	1.23 mg	88%	0.66 mg	47%
Copper	970 µg	97%	530 µg	53%
Riboflavin (vitamin B2)	0.88 mg	63%	0.48 mg	34%
Thiamin (vitamin B1)	0.79 mg	72%	0.42 mg	39%
Vitamin A	450.18 µg	56%	243.01 µg	30%
Folic acid	114.00 µg	57%	61.56 µg	31%
Iodine	84.73 µg	56%	45.76 µg	31%
Chrome	72.26 µg	181%	24.57 µg	61%
Phosphorus	904.52 mg	129%	307.54 mg	44%
Biotin	53.16 µg	106%	28.71 µg	57%
Selenium	44.61 µg	81%	24.01 µg	44%
Vitamin K	45.23 µg	57%	22.97 µg	31%
Vitamin D	3.00 µg	60%	1.62 µg	32%
Vitamin B12	1.60 µg	64%	0.86 µg	35

\* NRV - Nutrient reference value for an average adult (8400 kJ/2000 kcal);

\*\* Nutrient reference value has not been established.

### Ingredients:

Pea protein, tapioca starch, fat powder from sunflower oil, chickpea protein isolate, starch, flavour, dicalcium phosphate, potassium chloride, thickeners (guar gum, xanthan gum), rice protein, whole grain quinoa powder, acid magnesium salts, phosphoric acid, calcium carbonate, sodium chloride, magnesium oxide, sweetener (steviol glycosides), ascorbic acid, D-alpha tocopherol, pteroylmonoglutamic acid, nicotinic acid amide, calcium D-pantothenate, retinyl palmitate, cyanocobalamin hydrochloride, pyridoxylchloride hydrochloride, pyridoxide hydrochloride riboflavin, phylloquinone and D-biotin), enzyme blend (amylase, protease, cellulase, lipase and lactase), chromium picolinate, iron (II) fumarate, zinc citrate, maltodextrin, potassium iodate, manganese gluconate, sodium selenate (IV), copper gluconate.

### Directions for use:

Mix 2 scoops (54 g) of powder with 400 ml of water. Shake or stir vigorously and drink it immediately.

It is essential to maintain an adequate daily fluid intake. This product is intended for use only as part of an energy-restricted diet. Other foods should form an essential part of such a diet. To achieve the desired effect, one main meal should be replaced with one meal replacement daily.

Keep out of the reach of small children. Store in a cool, dry place.

### NOTE:

SmartMeal is a natural product that may vary in colour, taste and density depending on the production batch.