

## PERFECT EYES (60 KAPS.)

PRICE: **46,00** EUR

SHIPPING TIME: 24 GODZINY

Catalogue no.: PL23071

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### DESCRIPTION OF THE ITEM

With phones, tablets, TVs and computers, you put your eyes through a lot. It's time you showed them some love. Support healthy eye function and protect your eyes from damage with powerful antioxidants in Perfect Eyes. Lutein, zeaxanthin, beta-carotene, turmeric and other nutrients help your eyes and vision.

#### WHY PERFECT EYES?

This carotenoid-rich formula follows the AREDS study findings from 2001 and 2006. The first study found that a blend of vitamins C and E, beta-carotene, zinc and copper helped reduce the risk of progression of Age-related Macular Degeneration (AMD) by 25% in five years. The second study added lutein, zeaxanthin and omega-3 fatty acids to the mix for added benefits. Our lutein partner in India provides non-GMO seeds to local farmers, and they're fully committed to sustainability. They also work with the Shankara Eyecare Institute of India to offer free eye exams, provide glasses and help locals with cataracts, a common cause of blindness in India.

## THE STORY BEHIND PERFECT EYES

Beta-carotene is basically the yellow or orange pigment that gives many vegetables, fruits, flowers and other plants their colors. It was first crystallized from carrot roots in 1831. Beta-carotene means "B carrot" from the Greek beta + Latin carota. In 1851, Herman von Helmholtz invented the ophthalmoscope, which led to the discovery of the foveal pit in the human eyeball. This region of the macula has tightly packed cone cells and is responsible for the sharp vision you need for daily activities like face recognition and reading. It wasn't until 1988 that researchers identified lutein, zeaxanthin and meso-zeaxanthin as key components in the macula. This region is yellow in color because absorbed pigments from colorful foods are stored there. Bilberry, also known as whortleberry, huckleberry and European blueberry, was used traditionally to soothe the intestines and for oral applications. It is native to northern Europe. In World War II, British Air Force pilots consumed bilberry jam before they took off to help their night vision.

<b>Active ingredients:</b>	<b>In a daily portion (2 capsules)</b>	<b>% NRV (per capsule)</b>
Vitamin A	360 µg	45%
Vitamin C	440 mg	550%
Vitamin E	120 mg	1000%
Zinc	15 mg	150%
Copper	1.7 mg	170%
Selenium	40 µg	73%
Lutein	10 mg	**
Zeaxanthin	2 mg	**

\*RI: Daily nutrient reference values for adults  
\*\*NRV not established.

## INGREDIENTS

Ascorbic acid, d-alpha tocopheryl acetate, zinc gluconate, rice concentrate, carotenoid blend (beta-carotene, alpha-carotene, lutein, lycopene, zeaxanthin, and cryptoxanthin), turmeric rhizome extract (*Curcuma longa*), sodium selenite, copper gluconate, lutein, bilberry fruit extract (*Vaccinium myrtillus* L.), taurine, quercetin fruit extract (*Sophora japonica*), colour (sodium copper chlorophyllin), zeaxanthin, vegetable capsule [firming agent (hypromellose), water].

## RECOMMENDED DAILY ALLOWANCE:

Take 2 capsules daily with a meal.

Do not exceed the recommended daily intake! Product dedicated to adults. If you are taking medication, consult your doctor or pharmacist before consumption. Do not use in people with predisposition to kidney stones or suffering from kidney stones

Nature's Sunshine encourages a healthy lifestyle. Dietary supplements cannot be used as a substitute for a varied diet. A balanced diet and healthy lifestyle are the basis for the proper functioning of the body.