

POWER GREENS (450G)

PRICE: **64,40** EUR

SHIPPING TIME: 24 GODZINY

Catalogue no.: PL23496

EAN code: PL23496



DESCRIPTION OF THE ITEM

13

Vegetables and fruits

6

Sources of fibre vitamins

24

Vitamins and minerals

5

Digestive enzymes

9

Antioxidants

NATURAL SUPPORT FOR VITALITY

Power Greens is a carefully composed blend of green plants, plant extracts, vitamins and minerals, providing a valuable addition to the daily diet.

The formula contains, among others, spinach, kale, chlorella, schisandra, Rhodiola rosea extract and green tea extract, as well as vitamins and minerals that support the proper functioning of the body.

The vitamin C contained in the product contributes to the reduction of tiredness and fatigue and supports normal energy metabolism.

IMMUNE SYSTEM SUPPORT

Vitamin C and zinc contribute to the normal functioning of the immune system.

Additionally, vitamin C:

- helps protect cells against oxidative stress,
- supports proper collagen production for the normal functioning of blood vessels.

PROTECTION AGAINST OXIDATIVE STRESS

Power Greens contains ingredients that contribute to the protection of cells against oxidative stress:

Vitamin C

Vitamin E

Zinc

Selenium

Copper

These ingredients help protect cells from free radicals and support the body's oxidative balance.

SOURCE OF FIBRE

Power Greens contains fibre derived from apple, acacia, carrot, berries and cranberry. Fibre is an important element of a varied and balanced diet.

The formula has been enriched with digestive enzymes such as amylase, protease, lipase, cellulase and lactase, which naturally participate in the breakdown of food components.

Power Greens draws strength from four rich sources of...

From the 'green blends':

Each Power Greens dose is as much as 9,500 mg of powdered fruit and vegetables.

- spinach • spirulina • apple fibre • acacia fibre • carrot fibre • orange juice • chlorella • blueberry fibre • cranberry fibre • strawberry • raspberry • wild berry • orange oil • broccoli • blueberry • orange oil • carrot • tomato • kale • broccoli sprouts
- cherry • elderberry • cranberry

From the 'antioxidant blend':

- Schisandra chinensis extract • green tea extract (including EGCG 112.5 mg)
- artichoke extract • maca • rhodiola rosea extract
- quercetin • sweet orange extract
- grapefruit extract • bilberry extract

From the digestive enzyme blend 'performance greens':

- amylase • protease • cellulase • lipase • lactase

From a blend of 24 vitamins and minerals:

- Vitamin A • Vitamin D • Vitamin E • Vitamin K • Vitamin C • Thiamine • Riboflavin • Niacin • Vitamin B6 • Folic acid • Vitamin B12 • Biotin • Pantothenic acid • Potassium • Calcium • Phosphorus • Magnesium • Iron • Zinc • Copper • Manganese • Selenium • Iodine • Choline

Nutritional Value

Daily dose: 15g - Number of doses per pack: 30

| | in 15 g of the product | %RI* | 100 g of the product | %RI* |
|---|------------------------|-------|----------------------|-------|
| Energy value | 153 kJ/36 kcal | 2% | 1020 kJ/ 243 kcal | 12% |
| Fat | 0,3 g | 0,40% | 2,1 g | 3% |
| Including fatty acids | 0 g | 0% | 0,4 g | 0% |
| Carbohydrates | 3 g | 1% | 22 g | 9% |
| Including sugars | 1,2g | 1% | 7,9 g | 9% |
| Fiber | 3 g | ** | 20 g | ** |
| Protein | 3 g | 5% | 18 g | 33% |
| Salt | 0,2 g | 4% | 1,4 g | 27% |
| Vitamin A | 474 µg | 59% | 3160 µg | 395% |
| Vitamin D | 1,6 µg | 32% | 11 µg | 220% |
| Vitamin E | 3,4 mg | 28% | 23 mg | 192% |
| Vitamin K | 22 µg | 29% | 150 µg | 200% |
| Vitamin C | 230 mg | 288% | 1533 mg | 1916% |
| Thiamine | 0,33 mg | 30% | 2,2 mg | 200% |
| Riboflavin | 0,42 mg | 30% | 2,8 mg | 200% |
| Niacin | 4,5 mg NE | 28% | 30 mg NE | 188% |
| Vitamin B6 | 0,42 mg | 30% | 2,8 mg | 200% |
| Folic Acid | 37,4 µg | 32% | 249 µg | 212% |
| Vitamin B12 | 0,75 µg | 30% | 5,0 µg | 200% |
| Biotin | 16 µg | 32% | 106 µg | 212% |
| Pantothenic Acid | 1,8 mg | 30% | 12 mg | 200% |
| Potassium | 756 mg | 38% | 5040 mg | 252% |
| Calcium | 314 mg | 39% | 2093 mg | 262% |
| Phosphorus | 178 mg | 25% | 1190 mg | 170% |
| Magnesium | 95,8 mg | 26% | 639 mg | 170% |
| Iron | 6,2 mg | 44% | 42 mg | 300% |
| Zinc | 2,6 mg | 26% | 17 mg | 170% |
| Copper | 1,6 mg | 160% | 11 mg | 1100% |
| Manganese | 0,51 mg | 26% | 3,4 mg | 170% |
| Selenium | 15 µg | 27% | 98 µg | 178% |
| Iodine | 40,2 µg | 27% | 271 µg | 181% |
| Choline | 140 mg | ** | 933 mg | ** |
| Green Blends mix | 9500 mg | ** | 63333mg | ** |
| Spinach, spirulina, apple fibre, acacia fibre, carrot fibre, orange juice, chlorella, blueberry fibre, cranberry fibre, strawberry, raspberry, wild berry, orange oil, broccoli, blueberry, orange oil, broccoli, carrot, tomato, kale, broccoli sprouts, cherry, elderberry, cranberry | | ** | | ** |
| Antioxidant Blend mix | 1160 mg | ** | 7733 mg | ** |
| Schisandra chinensis extract, green tea extract (including EGCG 112.5 mg), artichoke extract, maca, rhodiola rosea extract, quercetin, sweet orange extract, grapefruit extract, bilberry extract | | ** | | ** |
| Performace Greens Enzyme blend | 100mg | ** | 667 mg | |
| Amylase, protease, cellulase, lipase and lactase | | | | |

*RI - Reference intake values / ** Reference intake values not specified.

Ingredients: Green Blend powder (spinach, spirulina, apple fibre, acacia fibre, carrot fibre, orange juice, chlorella, blueberry fibre, cranberry fibre, strawberry, raspberry, wild berry, orange oil, broccoli, carrot, tomato, kale, broccoli sprouts, cherry, elderberry, cranberry), vitamin and minerals (ascorbic acid, calcium salt of orthophosphoric acid, potassium glycerophosphate, potassium chloride, magnesium oxide, iron (II) pyrophosphate, DL-alpha tocopheryl

acetate, zinc sulphate, pteroylmonoglutamic acid, potassium iodide, copper (II) sulphate, nicotinic acid amide, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, retinyl acetate, vitamin K (phytoquinone), calcium D-pantothenate, D-biotin, manganese sulphate, sodium selenate, cyanocobalamin, cholecalciferol, thickening agent (xanthan gum), acidity regulators (citric acid, malic acid), choline bitartrate, natural flavours, schisandra chinensis extract, green tea leaf extract, artichoke leaf extract, maca root powder, Performace Greens enzyme blend (amylase, protease, cellulase, lipase and lactase), rhodiola rosea root extract, sweeteners (enzyme-produced steviol glycosides from stevia), anti-caking agent (calcium silicate), sodium chloride, quercetin, sweet orange extract (Citrus sinensis), colourants (curcumin, chlorophyll and chlorodiline copper complexes), grapefruit extract, bilberry fruit extract.

Storage conditions:

Store in a cool and dry place. Keep out of the reach of small children!

Recommended daily intake necessary to obtain the beneficial effects of the product: dissolve 15g (one scoop) in 300-500 ml of water or your favourite beverage. Mix well and drink. Drink once daily.

Warning: Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute for a balanced diet. A balanced diet and healthy lifestyle are important for the proper functioning of the body. Not recommended for use by pregnant or nursing women and children under 18 years of age. This product contains approximately 112.5 mg of epigallocatechin-3-gallate (EGCG) per dose. The daily intake of epigallocatechin-3-gallate (-) should not exceed 800 mg. This product should not be consumed on an empty stomach. Do not use if you consume other products containing green tea on the same day. Do not use in people with predisposition to kidney stones or suffering from kidney stones. The product should not be consumed by people taking anticoagulants containing vitamin K antagonists (e.g. Warfarin and acenocoumarol). The product is not suitable for the elderly, people with kidney disease, insulin-resistant diabetes, hypertension or cardiac arrhythmias.