

POWER BEETS (210G)

PRICE: 67,00 EUR

SHIPPING TIME: 24 GODZINY

Catalogue no.: PL23541

EAN code: PL23541







DESCRIPTION OF THE ITEM

The origin and quality of ingredients are of immense importance. In the high plateaus, where the earth meets the sky, the power can be experienced.

Nature's Sunshine proudly shares an extraordinary discovery from the Qinghai plateau in Tibet, known as the roof of the world, located nearly 10,000 feet above sea level, where extreme temperature fluctuations and harsh conditions make it impossible to cultivate most plants. However, there are strong people who respect their land and crops for generations; responsible farmers and families use natural cultivation methods, saving water and maintaining soil fertility to cultivate a special variety of beets.

These beets are one of the best sources of nitrates. They come from the cold but bring warmth, improving blood circulation.

In our facilities near Salt Lake City, the Nature's Sunshine team conducts rigorous tests confirming the extraordinary potency and purity of beets obtained from farmers on the Tibetan plateau. We test every delivery, every batch. Carefully, we combine beets with a complex of supporting herbs, vegetables, and other ingredients that naturally enhance the beet's ability to improve human health, better blood circulation, support endurance, energy, and strength...

GLUTEN-FREE • 100% VEGAN • KETO-FRIENDLY • SOY-FREE • DAIRY-FREE • NO ADDED SUGARS • GMO-FREE

Feel the Power of Natural Ingredients:

KEY INGREDIENTS:
(content in daily serving - 7g)
Vitamin D .....13 µg ..... 260% NRV*
Vitamin C .....60 mg ..... 75% NRV*
Thiamine .....0.7 mg ..... 64% NRV*
Niacin .....3 mg ..... 19% NRV*
Vitamin B6 .....1.8 mg ..... 129% NRV*
Folic Acid .....88 µg ..... 75% NRV*
Vitamin B12 .....6 µg ..... 240% NRV*
Proprietary Nitric Oxide Blend ..... 5.4 g ..... **

*NRV - nutritional reference values
**NRV has not been stated

INGREDIENTS:
Red Beetroot, Fructooligosaccharides, Pomegranate Juice Concentrate, S7™ Blend (Green Coffee Seed Extract, Green Tea Leaf Extract, Curcumin Rhizome Extract, Blueberry, Broccoli Flowers, Cherry Fruit, Kale Leaf), Apple Extract, Grape Extract, Grape Seed Extract, Olive Extract, Red Grape Extract.

Developed by top-class specialists, a combination of vitamins, herbs, and vegetables...
Provides energy and delivers antioxidants.

Vitamins
SOURCE OF ENERGY AND ANTIOXIDANTS

The Vitamin C in Power Beets is responsible for its antioxidant effects (it is a very strong antioxidant) and also supports the body's immunity after intense physical exertion.

B-group vitamins, including thiamine, niacin, vitamins B6 and B12, and folic acid, help the body cope with signs of fatigue and tiredness.

The effectiveness of these vitamins is confirmed by numerous scientific studies, as well as the International Olympic Committee, which has issued an official position to help athletes in the effective selection of supplementation. The mentioned vitamins are listed there alongside, among others, vitamin D, which has been included in the group of micronutrients recommended for frequent supplementation by athletes.

Beets
EXCELLENT AND SAFE SOURCE OF NITRATES

Powdered beets are included in the Power Beets formula primarily due to their high nitrate content. Nitrates have long been used in sports as a supplement directly affecting sports performance and are also included in the International Olympic Committee's list of dietary supplements.

According to sports dietitians, there are at least several benefits to supplementing nitrates, but from a general perspective, all these benefits contribute to increased body efficiency, specifically reducing the oxygen cost of exercise.

The effective action of nitrates is also confirmed by the Australian Institute of Sport, which classifies supplements into ABCD groups, where A is supplements with confirmed efficacy and safety, B is supplements worth further research, C has no proven effectiveness, and D is rated as dangerous for anti-doping reasons. Nitrates are classified as group A, which means they have confirmed efficacy and safety.

S7™ Blend
MORE NITRIC OXIDE

S7 is a blend of seven natural ingredients developed and patented by specialists to enhance nitric oxide production. The

blend includes:
• Green Coffee Seed Extract,
• Green Tea Leaf Extract,
• Curcumin Rhizome Extract,
• Blueberries,
• Broccoli Flowers,
• Cherries,
• Kale Leaves

Nitric oxide is intended to play a crucial role in many important processes, such as regulating blood flow, forming new, small blood vessels, or influencing platelet function.

The S7 blend was created to provide the body with more energy, which is important not only for professional or competitive athletes but also crucial for leading a healthy, active lifestyle.

Grapes and Olives
STRONG ANTIOXIDANTS

The excellent combination of ingredients is complemented by extracts from olives and grapes and their seeds, which have antioxidant properties.

Fighting free radicals, to which we are exposed due to ubiquitous stress, deteriorating air quality, as well as an improper diet and sedentary lifestyle, is still one of the most important aspects of the art of effectively taking care of our health.

Diet, and therefore proper supplementation, is the best tool in combating the effects of free radicals.

Your New Ally in Healthy Living!

WHETHER YOU ARE AN ATHLETE OR SIMPLY WANT TO MAINTAIN HEALTH AND ACTIVITY, YOUR BODY NEEDS SUPPORT TO FUNCTION EFFECTIVELY.

An active body is a body that thrives to its full strength. Whether you train intensively or simply want to maintain a healthy lifestyle, your daily choices can affect your overall well-being.

Why Power Beets?

SUPPORT FOR YOUR PHYSICAL ACTIVITY

Power Beets is an innovative dietary supplement containing red beetroot extract, naturally rich in nitrates. These ingredients help widen blood vessels, improve blood circulation, and deliver more oxygen to cells. This is crucial support for your physical activity, helping you achieve better results and minimize the feeling of fatigue.

NATURAL ANTIOXIDANT POWER

Additionally, Power Beets provides vitamins and antioxidants essential for protecting cells from oxidative stress. Antioxidants support cell regeneration, protecting them from the impact of harmful free radicals. As a result, your body can more effectively cope with environmental influences.

How to Incorporate Power Beets into Your Daily Diet?

ADD TO BEVERAGES
Add a scoop of Power Beets powder to your favorite drink – water, juice, or smoothie. This way, you can easily supplement your diet with valuable nutrients.

BEFORE WORKOUTS
Consume Power Beets before your workout to boost energy levels, improve performance, and accelerate muscle recovery after exertion.

IN YOUR DAILY DIET
Regular use of Power Beets as part of your daily diet will help you maintain a healthy lifestyle, regardless of the intensity of physical activity.

Nature's Sunshine encourages a healthy lifestyle. Dietary supplements cannot be used as a substitute for a varied diet. A balanced diet and healthy lifestyle are the basis for the proper functioning of the body.