



POWER MEAL CHOCOLATE (900G)

PRICE: **64,40** EUR

SHIPPING TIME: 24 GODZINY

Catalogue no.: PL23657

EAN code: PL23657







DESCRIPTION OF THE ITEM



BETTER NUTRITION

- Nutrient-rich superfood meal
- 25 grams of top-quality vegan protein with balanced carbohydrates and healthy fats
- Rich in nutrients, hand-picked plants, vegetables, and superfoods
- Developed by herbalists, scientists, and health specialists







BETTER PERFORMANCE

- Provides energy thanks to the presence of pantothenic acid, magnesium, niacin, riboflavin, vitamin B12, vitamin B6, and C, which help reduce feelings of tiredness and fatigue
- Supports proper immune system function and maintenance of normal energy metabolism thanks to the presence of copper, vitamin B12, vitamin B6, and vitamin C
- · Feeling of fullness thanks to high fiber content

BETTER TASTE

- Creamy vanilla-chocolate shake
- Smooth and creamy texture
- No added sugars, artificial sweeteners, or preservatives



Nutritional Information

Daily portion:(60 g)

Number of portions per package: 15

	60 g	%NRV*	Per 100 g	%NRV*
Energy value	984kJ / 235 kcal	12&	1640 kJ / 392 ckal	20%
Fat	8 g	11%	13 g	19%
of which saturated fatty acids	3.1 g	16%	5.2 g	26%
Carbohydrates	8.6 g	3%	14 g	5%
of which sugars	0 g	0%	0.6 g	0.1%
Fiber	10 g	33%	17 g	57%
Protein	25 g	50%	42 g	84%
Salt	0.78 g	13 %	1.4 g	22%
Vitamins and minerals	60 g	%NRV**	Na 100 g	%NRV**
Vitamin A	237 μg RE	30%	395 μg RE	49%
Vitamin D	1.5 μg	30%	2.5 μg	50%

Vitamin E	3.6 mg α-TE	31%	6.0 mg α-TE	50%
Vitamin K ₁	23 μg	31%	38.3 μg	51%
Vitamin C	25 mg	31%	42 mg	53%
Thiamine	0.34 mg	31%	0.56 mg	51%
Riboflavin	0.44 mg	31%	0.74 mg	53%
Niacin	5.5 mg NE	34%	9.2 mg NE	58%
Vitamin B ₆	0.46 mg	33%	0.77 mg	55%
Folic acid	60 μg	30%	100 μg	50%
Vitamin B ₁₂	0.75 μg	30%	1.3 μg	52%
Biotin	16 μg	32%	27 μg	54%
Pantothenic acid	2.2 mg	37%	3.7 mg	62%
Potassium	830 mg	42%	1383 mg	69%
Calcium	260 mg	33%	433 mg	54%
Phosphorus	420 mg	60%	700 mg	100%
Magnesium	170 mg	45%	283 mg	75%
Iron	11 mg	79%	19 mg	136%
Zinc	5.5 mg	55%	9.2 mg	92%
Copper	0.7 mg	70%	1.2 mg	120%
Manganese	1.1 mg	55%	2 mg	100%
Selenium	16.8 μg	31%	28 μg	51%
Molybdenum	35 μg	70%	58 μg	116%
Iodine	44.4 μg	30%	74 μg	49%
Other ingredients	60 g		Per 100g	
Plant blend of fruits and vegetables: Manioc root starch, acai extract, spinach leaf, broccoli stem and floret, carrot root, tomato fruit, kale leaf, broccoli sprout seeds, cherry fruit, cranberry fruit, strawberry fruit, raspberry fruit, lowbush blueberry fruit	3.55 g		5.92 g	
Herb and root blend: Ginger rhizome, maca root, ashwagandha extract, Panax ginseng extract, cinnamon	1100 mg		1833 mg	
Immunity & Digestive Health Blend: Beta-glucan from baker's yeast, amylase, protease, cellulase, lipase, lactase, orange juice, orange oil, elderberry fruit	100 mg		167 mg	
*NRV: Reference intake value for an average	adult (8,400 kJ/2,000 kcal)			

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Ingredients:

Plant protein blend [pea protein isolate, chickpea protein concentrate, rice protein concentrate, spirulina (Arthrospira platensis), chlorella (Chlorella vulgaris)], fiber blend [acacia fiber, powdered flaxseed (Linum usitatissimum), guar gum, apple fiber (Malus pumila), carrot fiber (Daucus carota), blueberry fiber (Vaccinium corymbosum), cranberry fiber (Vaccinium macrocarpon)], plant fruit and vegetable blend [cassava root starch, acai extract (Euterpe oleracea), spinach leaf (Spinacia oleracea), broccoli stem and floret (Brassica oleracea var. italica), carrot root (Daucus carota ssp. sativus), tomato fruit (Lycopersicon esculentum), kale leaf (Brassica oleracea var. acephala), broccoli seed (Brassica oleracea var. italica), cherry fruit (Prunus cerasus), cranberry fruit (Vaccinium macrocarpon), strawberry fruit (Fragaria virginiana), raspberry fruit (Rubus idaeus), lowbush blueberry fruit (Vaccinium angustifolium)], vitamin and mineral blend (calcium phosphate salts, potassium chloride, magnesium oxide, ascorbic acid, ferric pyrophosphate (III), DL-alpha-tocopheryl acetate, zinc sulfate, sodium selenate (IV), folic acid, potassium iodide, copper sulfate (II), nicotinamide, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, retinyl acetate, phytomenadione, calcium D-pantothenate, D-biotin, manganese sulfate, cyanocobalamin, cholecalciferol), herbs and roots blend [powdered ginger rhizome (Zingiber ocinale), powdered maca root (Lepidium meyenii), ashwagandha extract (Withania somnifera), Korean ginseng extract (Panax ginseng), powdered cinnamon (Cinnamomum burmanii blume)], "Immunity & Digestive Health Blend" [beta glucan from baker's yeast (Saccharomyces cerevisiae), amylase, protease, cellulase, lipase, lactase, orange juice, orange oil, elderberry fruit (Sambucus nigra)], low-fat cocoa powder, natural flavor, powdered sunflower oil, mediumchain triglycerides powder (coconut oil, acacia fiber), maltodextrin, thickening agent (xanthan gum), sweeteners (enzymatically produced steviol glycosides, steviol glycosides from Stevia), sunflower lecithin, anti-caking agent.

Recommended daily serving:

^{**}NRV: Nutrient reference value

Mix 2 heaped scoops (60 g) with 350 ml of water, depending on taste preference. This product replaces one main meal per day.

Storage conditions:

Store in a cool, dry place. Keep out of reach of small children.











Nature's Sunshine encourages a healthy lifestyle. Dietary supplements cannot be used as a substitute for a varied diet. A balanced diet and healthy lifestyle are the basis for the proper functioning of the body.