

## POWER MEAL (900G) VANILLA

PRICE: **61,30** EUR

SHIPPING TIME: 24 GODZINY

Catalogue no.: PL23656

EAN code: PL23656



**CASHBACK**  
30 PLN/  
7 EUR  
**CASHBACK**



### DESCRIPTION OF THE ITEM

FEEL NATURE'S  
**POWER**



**BETTER NUTRITION**

- Nutrient-rich superfood meal
- 25 grams of top-quality vegan protein with balanced carbohydrates and healthy fats
- Rich in nutrients, hand-picked plants, vegetables, and superfoods
- Developed by herbalists, scientists, and health specialists



# FEEL NATURE'S POWER



25 gramów najwyższej jakości wegańskich białek ze zbilansowanymi węglowodanami i zdrowymi tłuszczami



Wysoka zawartość błonnika



Zawiera magnez, niacynę, ryboflawiny, witaminy: C, B5, B12, B6



Bogactwo składników odżywczych



## BETTER PERFORMANCE

- Provides energy thanks to the presence of pantothenic acid, magnesium, niacin, riboflavin, vitamin B12, vitamin B6, and C, which help reduce feelings of tiredness and fatigue
- Supports proper immune system function and maintenance of normal energy metabolism thanks to the presence of copper, vitamin B12, vitamin B6, and vitamin C
- Feeling of fullness thanks to high fiber content

## BETTER TASTE

- Creamy vanilla-flavored shake
- Smooth and creamy texture
- No added sugars, artificial sweeteners, or preservatives



Nutritional Information

**Daily portion:** (56 g)

**Number of portions per package:** 15

	<b>56 g</b>	<b>%NRV*</b>	<b>Per 100 g</b>	<b>%NRV*</b>
Energy value	937kJ / 224 kcal	11&	1673 kJ / 399 ckal	20%
Fat	7 g	10%	13 g	19%
of which saturated fatty acids	2.8 g	14%	5 g	25%
Carbohydrates	8.8 g	3%	15.7 g	6%
of which sugars	0 g	0%	0.7 g	0.8%
Fiber	10 g	33%	18 g	60%
Protein	25 g	50%	42 g	84%
Salt	0.8 g	13 %	1.4 g	23%
<b>Vitamins and minerals</b>	<b>56 g</b>	<b>%NRV**</b>	<b>Per 100 g</b>	<b>%NRV**</b>
Vitamin A	237 µg RE	30%	423 µg RE	53%
Vitamin D	1.5 µg	30%	2.7 µg	54%

Vitamin E	3.6 mg α-TE	30%	6.5 mg α-TE	54%
Vitamin K <sub>1</sub>	23 µg	31%	41.1 µg	55%
Vitamin C	25 mg	31%	45 mg	56%
Thiamine	0.33 mg	30%	0.6 mg	55%
Riboflavin	0.43 mg	31%	0.76 mg	54%
Niacin	4.9 mg NE	31%	8.8 mg NE	55%
Vitamin B <sub>6</sub>	0.45 mg	32%	0.8 mg	57%
Folic acid	60 µg	30%	107 µg	54%
Vitamin B <sub>12</sub>	0.75 µg	30%	1.3 µg	52%
Biotin	16 µg	32%	29 µg	58%
Pantothenic acid	2 mg	33%	3.6 mg	60%
Potassium	600 mg	30%	1075 mg	54%
Calcium	250 mg	31%	450 mg	56%
Phosphorus	380 mg	54%	679 mg	97%
Magnesium	140 mg	37%	250 mg	67%
Iron	9 mg	64%	16 mg	114%
Zinc	5 mg	50%	9 mg	90%
Copper	0.4 mg	40%	0.7 mg	70%
Manganese	1 mg	50%	2 mg	100%
Selenium	16.8 µg	31%	29.6 µg	54%
Molybdenum	36 µg	72%	65 µg	130%
Iodine	44.4 µg	30%	79.3 µg	53%
<b>Other ingredients</b>	<b>56 g</b>		<b>Per 100g</b>	

Plant blend of fruits and vegetables:

Manioc root starch, acai extract, spinach leaf, broccoli stem and floret, carrot root, tomato fruit, kale leaf, broccoli sprout seeds, cherry fruit, cranberry fruit, strawberry fruit, raspberry fruit, lowbush blueberry fruit

3.55 g

6.34 g

Herb and root blend:

Ginger rhizome, maca root, ashwagandha extract, Panax ginseng extract, cinnamon

1100 mg

1964 mg

Immunity & Digestive Health Blend:

Beta-glucan from baker's yeast, amylase, protease, cellulase, lipase, lactase, orange juice, orange oil, elderberry fruit

100 mg

179 mg

\*NRV: Reference intake value for an average adult (8,400 kJ/2,000 kcal)

\*\*NRV: Nutrient reference value

### Ingredients:

Plant protein blend [pea protein isolate, chickpea protein concentrate, rice protein concentrate, spirulina (*Arthrospira platensis*), chlorella (*Chlorella vulgaris*)], fiber blend [acacia fiber, powdered flax seeds (*Linum usitatissimum*), guar gum, apple fiber (*Malus pumila*), carrot fiber (*Daucus carota*), blueberry fiber (*Vaccinium corymbosum*), cranberry fiber (*Vaccinium macrocarpon*)], plant fruit and vegetable blend [cassava root starch, acai extract (*Euterpe oleracea*), spinach leaf (*Spinacia oleracea*), broccoli stem and floret (*Brassica oleracea* var. *italica*), carrot root (*Daucus carota* ssp. *sativus*), tomato fruit (*Lycopersicon esculentum*), kale leaf (*Brassica oleracea* var. *acephala*), broccoli seeds (*Brassica oleracea* var. *italica*), cherry fruit (*Prunus cerasus*), cranberry fruit (*Vaccinium macrocarpon*), strawberry fruit (*Fragaria virginiana*), raspberry fruit (*Rubus idaeus*), lowbush blueberry fruit (*Vaccinium angustifolium*)], vitamin and mineral blend (calcium salts of orthophosphoric acid, potassium chloride, magnesium oxide, ascorbic acid, ferric pyrophosphate, DL-alpha-tocopheryl acetate, zinc sulfate, sodium selenite, folic acid, potassium iodide, copper sulfate, nicotinamide, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, retinyl acetate, phytonadione, calcium D-pantothenate, D-biotin, manganese sulfate, cyanocobalamin, cholecalciferol), herb and root blend [powdered ginger rhizome (*Zingiber officinale*), powdered maca root (*Lepidium meyenii*), ashwagandha extract (*Withania somnifera*), Korean ginseng extract (*Panax ginseng*), powdered cinnamon (*Cinnamomum burmanii* blume)], "Immunity & Digestive Health Blend" [beta-glucan from baker's yeast (*Saccharomyces cerevisiae*), amylase, protease, cellulase, lipase, lactase, orange juice, orange oil, elderberry fruit (*Sambucus nigra*)], powdered sunflower oil, powdered medium chain triglycerides (coconut oil, acacia fibers), maltodextrin, natural flavor, thickening agent (xanthan gum), sweetening agents (enzyme-treated steviol glycosides, steviol glycosides from stevia), sunflower lecithin, anti-caking agent: potassium phosphates, anti-caking agent: silicon dioxide.

### Recommended daily serving:

Mix 2 heaped scoops (56 g) with 350 ml of water, depending on taste preference. This product replaces one main meal

per day.

**Storage conditions:**

Store in a cool, dry place. Keep out of reach of small children.



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Nature's Sunshine encourages a healthy lifestyle. Dietary supplements cannot be used as a substitute for a varied diet. A balanced diet and healthy lifestyle are the basis for the proper functioning of the body.